



WORKFORCE
SOLUTIONS

FALL 2026 – SPRING 2027
Class Schedule

WORK-READY SKILLS. BUSINESS-READY SOLUTIONS.



*Your Guide to Career Training, Workforce Development,
and Business Solutions*

YES, YOU CAN
CentralVirginia.edu

WHO WE ARE



**WORKFORCE
SOLUTIONS**

OUR PURPOSE:

**Serving Others.
Changing Lives.**

OUR CORE VALUES:

- Positive Impact & Innovation
- Strategic & Responsive Solutions
- People-First Leadership
- Collaborative Partnerships
- Community Connection & Opportunity

OUR PROMISE:

**Your Success Is
Our Priority.**

CVCC Workforce Solutions Office

Merritt Hall | Room 5108
3506 Wards Road | Lynchburg, VA 24502

P: 434.832.7607
E: workforce@centralvirginia.edu

Explore and register for classes at:
<https://cvcc.augusoft.net>

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YOUR JOURNEY STARTS HERE

CVCC Workforce Solutions

TRAINING • CREDENTIALS • CAREERS • COMMUNITY

FOR STUDENTS & PROFESSIONALS

Earn a Credential,
Enhance Your Career

ENROLL IN A PROGRAM

Courses in skilled trades, tech,
leadership, and more, for beginners
and experienced professionals alike

EARN YOUR CREDENTIAL

Industry recognized certificates
and stackable credentials at every
stage of your career

CAREER SERVICES

Resumé support, interview coaching,
and job placement assistance for every
stage of your career journey



CAREER READY

Launch a new career, upskill your field,
or advance to the next level

FOR EMPLOYERS

Hire Talent & Upskill
Your Workforce

PARTNER WITH US

Customized training built around
your team's real world needs

WORK BASED LEARNING

Internships, apprenticeships,
and on the job training connecting
your workplace with
credential building pathways

TRAIN & HIRE

Upskill existing employees or hire
credential ready graduates



WORKFORCE STRENGTH

Develop a more skilled, loyal team
ready for what's next

FOR OUR REGION

Build a Stronger,
More Connected
Community

CONNECT & COLLABORATE

Partnerships with schools, nonprofits,
and regional employers

LEVERAGE EVERY RESOURCE

Maximizing local, state, and federal
funding streams to expand access for
learners and employers

INVEST IN PEOPLE

Programs that reach learners of every
background and stage of life



COMMUNITY THRIVES

A region where everyone
has a path forward

WHERE ALL PATHS LEAD

A Thriving Central Virginia

SKILLED WORKERS. GROWING BUSINESSES. AN UPLIFTED COMMUNITY.

COURSE REFUND POLICY

Q: What is the Refund Policy?

A: CVCC reserves the right to cancel any classes which do not have sufficient registration or for other reasons that arise. Any classes offered by CVCC, whether on campus or off site, will be cancelled due to inclement weather when CVCC is closed. Listen to local radio and TV stations or check the College's website at www.centralvirginia.edu for current information.

Career Training Refund Policy

At Central Virginia Community College, we understand that plans can change. Therefore, we offer the following refund policy for noncredit courses to ensure flexibility for our students:

- **Full Refund:** A full refund will be issued if a student cancels their registration at least one week (7 calendar days) prior to the start of the class. Refunds will not be issued for cancellations made fewer than seven (7) calendar days before the class start date.
- **Processing Time:** Refunds will be processed within 10–14 business days from the date of the refund request. Processing times vary based on the payment method:
 - Credit card refunds: 3–5 business days
 - Paper check refunds: 4–6 weeks
- **If Central Virginia Community College cancels the class for any reason, all registered students will receive a full refund regardless of when the cancellation occurs.**
- **Nonrefundable Fees:** Any applicable nonrefundable registration or material fees will not be included in the refund. Credit card processing fees are nonrefundable, regardless of whether the cancellation is initiated by the institution or the student.
- **Refund Request Procedure:** To request a refund, students must submit a written request either by email or by completing a refund request form in person at the Central Virginia Community College Workforce registration office. The request must include the student's name, course details, proof of registration, and any required documentation.
- **Course Transfers:** In lieu of a refund, students may have the option to transfer their enrollment to another available session of the same course or a different course of equal value. Transfer requests must also be submitted in writing and are subject to course availability and approval by the associate vice president of the Professional & Career Studies Division.
- **Emergency or Exceptional Circumstances:** In cases of documented emergencies, such as medical issues or military deployment, students may submit an appeal for a refund exception. Appeals must be submitted in writing with supporting documentation for review.

We aim to accommodate students while maintaining program efficiency. Please refer to CVCC's website or contact the Workforce Solutions office at 434.832.7607 for more details on our refund policies.



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Visit cvcc.augusoft.net for up-to-date classes and additional class offerings.

NOTE: Class dates, times, financial assistance, and resources are subject to change.



CELEBRATE 60 YEARS OF EXCELLENCE

MARK YOUR CALENDAR FOR **OCTOBER 23–24, 2026**, AND PREPARE TO CELEBRATE A LEGACY THAT CONTINUES TO GROW.

For six decades, Central Virginia Community College has been more than a campus. It has been a launchpad, a second chance, a first step, and a gathering place where ambition quietly turns into achievement.

In October 2026, we invite you to be part of something special as we celebrate 60 years of impact, connection, and growth. This milestone anniversary brings together students, alumni, employees, and community members for a campuswide celebration that honors where we've been and sets the stage for where we're going next.



Be Part of the Celebration

This isn't just an event. It's a reunion, a reflection, and a glimpse into the future all at once.

Throughout the two-day celebration, you'll experience:

- **Signature Events** highlighting CVCC's legacy and achievements
- **Opportunities to Reconnect** with classmates, colleagues, and friends
- **Stories of Impact** from across generations of learners
- **Interactive Experiences** showcasing the future of education in Central Virginia



Scan to Stay Connected. Get Involved. Make Your Mark.

- **Update Your Information.** Stay in the loop with event updates and announcements
- **Submit Photos.** Share your favorite memories and moments from your time at CVCC
- **Share Your Story.** Tell us how CVCC shaped your journey
- **Explore Events.** Discover everything happening during the celebration
- **Volunteer.** Be part of making our 60th anniversary celebration an unforgettable event!

60 Years of Opportunity. **Countless Futures Ahead.**

LEARN A SKILL. LAND A JOB. *START TODAY.*

FastForward is a high-demand program helping Virginians get the jobs they want and the salaries they need. FastForward programs are short-term training courses offered through Central Virginia Community College to help you fast-track your career and earn higher wages.



FastForward

CREDENTIALS FOR A CAREER THAT MATTERS



TRAINING TAKES WEEKS, NOT YEARS.

FastForward programs deliver:

- High-quality, hands-on training in growing industries and occupations
- Credentials recognized and sought by employers
- Accelerated/flexible career pathways
- Academic guidance
- Financial advising and guidance

FastForward Tuition Assistance

Tuition assistance may be available to qualified Virginia residents enrolled in CVCC FastForward programs. Eligible students may qualify for up to 100% tuition coverage through a combination of the funding sources below. Funding resources may be limited.

For more information, contact the Workforce Solutions Office at 434.832.7607.

- **Workforce Credentials Grant (WCG)** — *Primary Funding*

The foundation of FastForward funding, available to all Virginia residents after an eligibility screening. The state covers two-thirds of tuition, paid in portions upon course completion and credential attainment. Students must successfully complete the course to avoid additional tuition responsibility and remain eligible for future programs.

- **Financial Aid for Noncredit Training Leading to Industry Credentials (FANTIC)** —

Income-based aid that covers the student's remaining one-third tuition portion not covered by WCG. Primarily available for commercial driver's license programs. Awarded on a first-come, first-served basis and requires a CVCC FANTIC application.

- **G3 Grant** — *Get a Skill, Get a Job, Get Ahead*

Income-based grant available for high-demand industries including healthcare, business, information technology, emergency medical services, and skilled trades. Covers the student's remaining one-third tuition portion and requires a G3 application.

- **Tobacco Commission Scholarships** — *Regional Availability*

Available to residents of select counties — Appomattox, Bedford, Campbell, Pittsylvania, Halifax, and Charlotte. Covers half of the student's one-third tuition portion. Awarded on a first-come, first-served basis through the CVCC Educational Foundation.

Funding sources and eligibility requirements are subject to change. Contact the Workforce Solutions Office for the most current information.



FastForward Career Coach **Courtney Camden**

FastForward Career Coach

E: camdenc@centralvirginia.edu

P: 434.832.7819 | Workforce Solutions Office: 434.832.7607

Merritt Hall – Workforce Solutions Office

Whether you're starting out or starting over, Courtney Camden is here to help you move forward with confidence. Through personalized career coaching, Courtney provides the guidance and connections you need to take your next step — and every step after that.

Career Coaching Services Include:

- Build a polished resumé and compelling cover letter
- Explore career options that align with your goals and interests
- Develop effective job search strategies
- Prepare for interviews with confidence
- Connect to training opportunities and essential resources

**Your career. Your future.
Your journey.**

Reach out to Courtney
by phone or email to get
started. **YES, YOU CAN!**





HEALTHCARE

LOCAL IN-DEMAND CAREERS

ANNUAL MEDIAN SALARIES

Clinical Medical Assistant	\$37,700
Nurse Assistant	\$37,540
Phlebotomist	\$37,560

ONET (2026, April). Median salaries for Lynchburg, Virginia, MSA.
Retrieved April 26, 2026, from ONETONLINE.org.



I'm very thankful for everything CVCC Workforce has done for me. The entire experience was incredibly helpful. Both my teachers were incredible instructors. They helped with any questions I had and made the class fun. I couldn't have done it without all their guidance and encouragement. Thank you for believing in me and helping me to get to where I am now!

– Sofia Vilorio (Medical Assistant program)

FastForward Certified Clinical Medical Assistant (CCMA) Program

The Clinical Medical Assistant program is designed to prepare students to be professional medical assistants, as multiskilled allied healthcare professionals who specialize in procedures commonly performed in the ambulatory healthcare setting. This class is 108 hours of classroom instruction and covers theory and in-class practice. Students may work in medical offices, clinics, or urgent care centers, and in general medicine or specialty practices. Students will be exposed to medical and administrative tasks. Students must score 70% or more in the classroom to be eligible to participate in clinical rotation and sit for the National Health Career Association (NHA) certification exam. Admission Requirements — 18 years old, high school diploma or equivalent, criminal background check, and drug screen.

FastForward Hybrid Nurse Aide Education Program

Centra College and Central Virginia Community College collaboratively offer the Nurse Aide Education Program at Centra College in Lynchburg, Virginia. Clinical experiences are provided at Centra in both acute care and long-term care facilities. Completion of the program qualifies a student to take the National Nurse Aide Assessment Program (NNAAP) Examination by Credentia. Successful completion of this examination leads to licensure as a Certified Nurse Aide (CNA). Licensure is required for employment as a CNA. The Nurse Aide Education Program is approved by the Virginia Board of Nursing.

Nurse Aide Education Program participants will obtain licensure as a Certified Nurse Aide through successful completion of the NNAAP exam. Certified nurse aides will work within the scope of practices for a nurse aide in the state of Virginia within hospitals, long-term care, facilities or home settings, and will be able to accurately recognize and report changes in a patient or resident's condition to the appropriate nursing staff; provide the necessary skill set to care for patients or residents following a care plan, and will be knowledgeable to work within their scope of practice in the nurse aide role.

A link to the online application can be found on the Centra College Nurse Aide Program Page.

All applications will be reviewed by Centra College of Nursing. Any questions regarding the status of your application after it is submitted will be directed to them. Once you have been selected through Centra, CVCC staff will contact students to schedule an appointment to discuss enrollment and financial assistance.

FastForward Hybrid Phlebotomy Technician Program

The CVCC Workforce Solutions Phlebotomy Technician program is designed to prepare students to be professional phlebotomy technicians dedicated to safely collecting venous and dermal blood specimens for laboratory testing.

The Phlebotomy course is 36 hours of classroom instruction and 12 additional hours for skills labs. In addition to classroom training, students will participate in 40 hours of clinical training that will be completed in an accredited laboratory at a local medical center. Students must perform 30 unaided successful venipunctures and 10 capillary or finger sticks. Students must score 70% or more in the classroom to be eligible to participate in clinical rotation and sit for the National Healthcareer Association (NHA) certification exam. Admission Requirements — 18 years old, high school diploma or equivalent, criminal background check, and drug screen.



FastForward Certified Clinical Medical Assistant (CCMA) Training

Full Price	WCG Price	TRCC Price
\$3,900	\$1,300	\$650
Class dates are to be announced. Visit cvcc.augusoft.net .		

FastForward Hybrid Nurse Aide Education Training

Full Price	WCG Price	TRCC Price
\$3,450	\$1,150	\$575
10/26 – 12/18/26	Class days, times, and locations vary.	

FastForward Hybrid Phlebotomy Technician Training CVCC Main Campus

Full Price	WCG Price	TRCC Price
\$3,000	\$1,000	\$500
06/29/26 – 09/14/26	Mon. & Wed.	6:00 pm – 9:00 pm
09/14/26 – 11/20/26	Mon. & Wed.	6:00 pm – 9:00 pm



I wanted to help people and be part of something bigger. The medical field isn't just a job — it's a purpose. The chance finally came when I was hired supporting critical patient care. Getting that job changed everything. It gave me confidence, stability, and most importantly, proof that persistence pays off. Now I'm proud to say I'm part of a healthcare team, making a difference every day.

– Adrienne Loving
(Phlebotomy and Medical Assistant programs)



SKILLED TRADES & INFRASTRUCTURE

LOCAL IN-DEMAND CAREERS

ANNUAL MEDIAN SALARIES

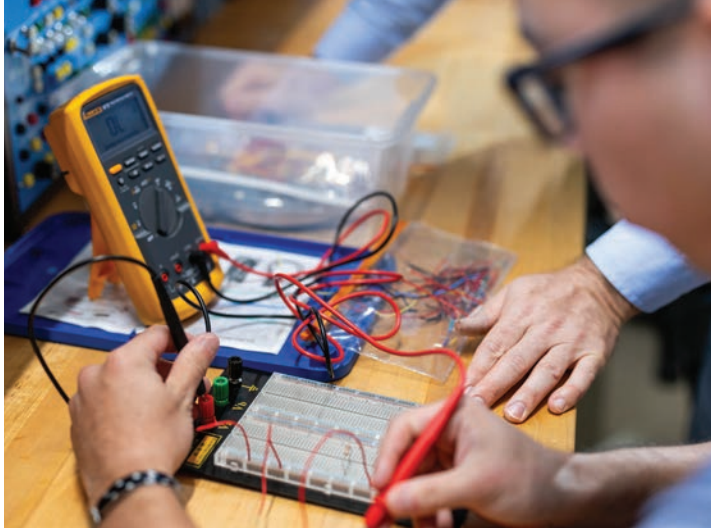
Carpenter	\$46,950
Electrician	\$59,280
HVAC Technician.....	\$55,730
Industrial Maintenance Mechanic	\$61,190
Plumber	\$50,990

ONET (2026, April). Median salaries for Lynchburg, Virginia, MSA.
Retrieved April 26, 2026, from ONETONLINE.org.



While attending high school, I learned of an incredible opportunity at CVCC post-graduation. I was blessed to be enrolled in the Workforce program, and my goal was to get started in a stable career. I was able to secure employment as an apprentice. I aim to earn my Journeyman's certification. My advice for anyone who may be considering taking a Workforce program? Take action instead of waiting around.

– Aidan Brophy (Electrical program)



NCCER Trade Programs

To be successful in each level of NCCER trade programs, students should have basic computer skills, basic math skills, the ability to use a calculator, and access to a computer and the internet. All trade courses have module testing at each level and homework assignments in CANVAS, our learning management system. Completion of each level earns the learner NCCER certification for that level.

NCCER Introduction to Basic Construction (Core) Training

This course serves as the foundational prerequisite for all NCCER craft programs. NCCER Core is designed as a rigorous, competency-based, industry-recognized program for career and technical education and provides individuals with basic safety and other necessary knowledge and skills to perform in an introductory capacity on project sites. This course is the ideal resource for learners exploring a career in the construction industry.

NCCER Electrical Training

This comprehensive four-level curriculum prepares learners for a career as a skilled professional in the electrical field. It places strong emphasis on safe work practices while covering applied electrical theory and residential, commercial, and industrial electrical knowledge and skills. Coverage of the National Electrical Code is integrated throughout to ensure learners are prepared to be competent journeymen for electricians. The four-level Electrical curriculum complies with the U.S. Department of Labor's standards for apprenticeship programs. It also provides the first two levels of training for learners seeking a career as an electronic systems technician.

NCCER HVAC Training

This four-level curriculum is recognized by North American Technician Excellence (NATE). This rigorous HVAC curriculum prepares learners for a career as a skilled heating, air conditioning, and refrigeration mechanic, installer, and technician. It covers the concepts technicians need to safely install, maintain, and troubleshoot HVAC systems. The curriculum also covers basic knowledge of sheet metal and pipefitting.

NCCER Plumbing Training

This comprehensive four-level curriculum prepares learners for a career as a skilled plumber. It covers the concepts technicians need to safely install, test, maintain, and repair many different types of pipe systems for residential, commercial, and public buildings. Coverage of math, drawings, code, and other critical knowledge skills ensure learners are set up for job success.

FastForward NCCER Introduction to Basic Construction (Core) Training CVCC Main Campus

Full Price \$1,098	WCG Price \$366	TRCC Price \$183
08/25/26 – 12/01/26	Tuesday	5:30 pm – 9:30 pm
08/27/26 – 12/03/26	Thursday	5:30 pm – 9:30 pm
01/12/27 – 04/20/27	Tuesday	5:30 pm – 9:30 pm
01/14/27 – 04/22/27	Thursday	5:30 pm – 9:30 pm

FastForward NCCER Electrical Level 1 | CVCC Main Campus

Full Price \$2,850	WCG Price \$950	TRCC Price \$475
08/24/26 – 12/21/26	Monday	5:30 pm – 9:30 pm
01/11/27 – 05/10/27	Monday	5:30 pm – 9:30 pm

FastForward NCCER Electrical Level 2 | CVCC Main Campus

Full Price \$3,450	WCG Price \$1,150	TRCC Price \$575
08/26/26 – 12/16/26	Wednesday	5:30 pm – 9:30 pm
01/13/27 – 05/05/27	Wednesday	5:30 pm – 9:30 pm

FastForward NCCER Electrical Level 3 | CVCC Main Campus

Full Price \$3,450	WCG Price \$1,150	TRCC Price \$575
08/25/26 – 12/15/26	Tuesday	5:30 pm – 9:30 pm
01/12/27 – 05/04/27	Tuesday	5:30 pm – 9:30 pm

FastForward NCCER Electrical Level 4 | CVCC Main Campus

Full Price \$3,450	WCG Price \$1,150	TRCC Price \$575
08/27/26 – 12/17/26	Thursday	5:30 pm – 9:30 pm
01/14/27 – 05/06/27	Thursday	5:30 pm – 9:30 pm





FastForward NCCER HVAC Level 1 | CVCC Main Campus

Full Price \$2,850	WCG Price \$950	TRCC Price \$475
08/25/26 – 12/15/26	Tuesday	5:30 pm – 9:30 pm
01/12/27 – 05/04/27	Tuesday	5:30 pm – 9:30 pm

FastForward NCCER HVAC Level 2 | CVCC Main Campus

Full Price \$3,450	WCG Price \$1,150	TRCC Price \$575
08/27/26 – 12/17/26	Thursday	5:30 pm – 9:30 pm
01/14/27 – 05/06/27	Thursday	5:30 pm – 9:30 pm

FastForward NCCER HVAC Level 3 | CVCC Main Campus

Full Price \$3,450	WCG Price \$1,150	TRCC Price \$575
08/27/26 – 12/17/26	Thursday	5:30 pm – 9:30 pm
01/14/27 – 05/06/27	Thursday	5:30 pm – 9:30 pm

FastForward NCCER HVAC Level 4 | CVCC Main Campus

Full Price \$3,450	WCG Price \$1,150	TRCC Price \$575
08/25/26 – 12/15/26	Tuesday	5:30 pm – 9:30 pm
01/12/27 – 05/04/27	Tuesday	5:30 pm – 9:30 pm

FastForward NCCER Plumbing Level 1 | CVCC Main Campus

Full Price \$2,850	WCG Price \$950.00	TRCC Price \$475
08/26/26 – 12/16/26	Wednesday	5:30 pm – 9:30 pm
01/13/27 – 05/05/27	Wednesday	5:30 pm – 9:30 pm

FastForward NCCER Plumbing Level 2 | CVCC Main Campus

Full Price \$3,450	WCG Price \$1,150	TRCC Price \$575
08/26/26 – 12/16/26	Wednesday	5:30 pm – 9:30 pm
01/11/27 – 05/10/27	Monday	5:30 pm – 9:30 pm

FastForward NCCER Plumbing Level 3 | CVCC Main Campus

Full Price \$3,450	WCG Price \$1,150	TRCC Price \$575
08/24/26 – 12/21/26	Monday	5:30 pm – 9:30 pm
01/11/27 – 05/10/27	Monday	5:30 pm – 9:30 pm

FastForward NCCER Plumbing Level 4 | CVCC Main Campus

Full Price \$3,450	WCG Price \$1,150	TRCC Price \$575
08/24/26 – 12/21/26	Monday	5:30 pm – 9:30 pm
01/13/27 – 05/05/27	Wednesday	5:30 pm – 9:30 pm





MANUFACTURING

LOCAL IN-DEMAND CAREERS

ANNUAL MEDIAN SALARIES

Welder\$56,900

*ONET (2026, April). Median salaries for Lynchburg, Virginia, MSA.
Retrieved April 26, 2026, from ONETONLINE.org.*

NCCER Welding Training

This four-level comprehensive Welding curriculum helps learners develop safe technical skills using shielded metal arc welding, gas metal arc welding, flux core arc welding, and gas tungsten arc welding as well as pipe welding techniques related to these four welding processes. Coverage of safety, quality, and interpretation of manufacturing and construction drawings, and measurements is integrated throughout.

FastForward NCCER Welding Level 1 CVCC Appomattox Center		
Full Price \$4,500	WCG Price \$1,500	TRCC Price \$750
08/24/26 – 11/30/26	Mon. & Wed.	5:30 pm – 9:30 pm



TRANSPORTATION

LOCAL IN-DEMAND CAREERS

ANNUAL MEDIAN SALARIES

Heavy Equipment Operator	\$46,100
Heavy and Tractor-Trailer Truck Drivers	\$50,580
Bus Driver	\$46,380
Light Truck Driver	\$35,500

ONET (2026, April). Median salaries for Lynchburg, Virginia, MSA.
Retrieved April 26, 2026, from ONETONLINE.org.



Heavy Equipment Operations Program Level 1

This comprehensive three-level curriculum covers the foundational skills of safety, pre- and post-operation checks, site planning and layout, and operations for a range of light-duty and heavy equipment. Heavy Equipment Operations supports multiple unique training pathways and credentials for utility tractors, forklift, loader, dozer, motor graders, and more. Students receive hands-on training using simulators, which replicate real-life operating scenarios through rotation-motion platforms and high-resolution 3D displays for excavator and wheel loader equipment. The three-level Heavy Equipment Operations curriculum is designed to be used flexibly in conjunction with other craft training materials. This program complies with the U.S. Department of Labor's standards for apprenticeship programs.



FastForward Commercial Truck Driving (Class A)

CVCC Workforce Solutions offers Entry Level Driver Training to obtain a commercial driver's license (CDL). Training is tailored to meet the new FMCSA regulation requiring all entry-level CDL drivers, or existing Class B drivers looking to upgrade to a Class A, to complete a specific program by a school on the Training Provider Registry. Students will participate in classroom, range, and on-the-road training. Classroom training will cover topics such as basic control, safe operating procedures, distracted driving, hazard perception, vehicle systems, and much more. Range training consists of pre-trip inspection, straight line backing, offset backing, and parallel parking, all of which are required to pass the DMV skills test. On-the-road training covers speed and space management, and many other control topics. Our program uses automatic transmission trucks. Upon satisfactory completion of the required curriculum and a demonstration of the skill set needed to pass the DMV exam, the DMV skills test will be scheduled. Once students pass the skills test and their CDL is issued, they will receive a Certificate of Completion from ANCORA. During training, multiple recruiters will hold recruiting sessions to discuss career opportunities.

FastForward Commercial Truck Driving (Class B)

Class B commercial driver's license training is available to companies and organizations needing to train employees to operate dump trucks, straight trucks, box trucks, cement trucks and buses. Class B training includes classroom, range, and on-the-road training. Funding options are available for students enrolled in this program.

FastForward NCCER Heavy Equipment Operator Level 1 CVCC Main Campus		
Full Price \$4,350	WCG Price \$1,450	TRCC Price \$725
08/24/26 – 12/16/26	Mon. & Wed.	5:30 pm – 9:30 pm
*Two mandatory weekends TBD		

FastForward Commercial Truck Driving (Class A) CVCC Main Campus		
Full Price \$5,400	WCG Price \$1,800	TRCC Price \$900
WEEKDAY CLASSES		
07/06/26 – 07/30/26	Mon. – Thurs.	7:00 am – 5:30 pm
08/03/26 – 08/27/26	Mon. – Thurs.	7:00 am – 5:30 pm
08/31/26 – 09/24/26	Mon. – Thurs.	7:00 am – 5:30 pm
09/28/26 – 10/22/26	Mon. – Thurs.	7:00 am – 5:30 pm
10/26/26 – 11/19/26	Mon. – Thurs.	7:00 am – 5:30 pm
11/23/26 – 12/17/26	Mon. – Thurs.	7:00 am – 5:30 pm
12/21/26 – 01/14/27	Mon. – Thurs.	7:00 am – 5:30 pm
WEEKEND CLASSES		
08/08/26 – 09/27/26	Sat. & Sun.	7:00 am – 5:30 pm
10/03/26 – 11/22/26	Sat. & Sun.	7:00 am – 5:30 pm
11/28/26 – 01/17/27	Sat. & Sun.	7:00 am – 5:30 pm
SPRING 2027		
Class Dates: TBD	Class Days: TBD	7:00 am – 5:30 pm

FastForward Commercial Truck Driving (Class B) CVCC Main Campus		
Full Price \$4,500	WCG Price \$1,500	TRCC Price \$750
WEEKDAY CLASSES		
07/06/26 – 07/30/26	Mon. – Thurs.	7:00 am – 5:30 pm
08/03/26 – 08/27/26	Mon. – Thurs.	7:00 am – 5:30 pm
08/31/26 – 09/24/26	Mon. – Thurs.	7:00 am – 5:30 pm
09/28/26 – 10/22/26	Mon. – Thurs.	7:00 am – 5:30 pm
10/26/26 – 11/19/26	Mon. – Thurs.	7:00 am – 5:30 pm
11/23/26 – 12/17/26	Mon. – Thurs.	7:00 am – 5:30 pm
12/21/26 – 01/14/27	Mon. – Thurs.	7:00 am – 5:30 pm
WEEKEND CLASSES		
08/08/26 – 09/27/26	Sat. & Sun.	7:00 am – 5:30 pm
10/03/26 – 11/22/26	Sat. & Sun.	7:00 am – 5:30 pm
11/28/26 – 01/17/27	Sat. & Sun.	7:00 am – 5:30 pm
SPRING 2027		
Class Dates: TBD	Class Days: TBD	7:00 am – 5:30 pm

Co-Enroll in Specialized Trades and Technical Programs at Liberty University (LU), operated by the Virginia Technical Institute Training Facility in Altavista.



FastForward NCCER Introduction to Basic Construction (Core) Training LU VTI Campus		
Full Price	WCG Price	TRCC Price
\$1,098	\$366	\$183
08/25/26 – 12/08/26	Tuesday	5:00 pm – 9:00 pm
08/26/26 – 12/09/26	Wednesday	5:00 pm – 9:00 pm
01/19/27 – 05/04/27	Tuesday	5:00 pm – 9:00 pm
01/20/27 – 04/28/27	Wednesday	5:00 pm – 9:00 pm

FastForward NCCER Electrical Level 1 LU VTI Campus		
Full Price	WCG Price	TRCC Price
\$2,850	\$950	\$475
08/24/26 – 12/07/26	Monday	5:00 pm – 9:00 pm
01/18/27 – 05/03/27	Monday	5:00 pm – 9:00 pm

FastForward NCCER Electrical Level 2 LU VTI Campus		
Full Price	WCG Price	TRCC Price
\$3,450	\$1,150	\$575
08/25/26 – 12/15/26	Tues. & Thurs.	5:00 pm – 9:00 pm
01/19/27 – 05/04/27	Tues. & Thurs.	5:00 pm – 9:00 pm

FastForward NCCER Electrical Level 3 LU VTI Campus		
Full Price	WCG Price	TRCC Price
\$3,450	\$1,150	\$575
08/24/26 – 12/09/26	Mon. & Wed.	5:00 pm – 9:00 pm
01/18/27 – 05/03/27	Mon. & Wed.	5:00 pm – 9:00 pm

FastForward NCCER Electrical Level 4 LU VTI Campus		
Full Price	WCG Price	TRCC Price
\$3,450	\$1,150	\$575
08/25/26 – 12/10/26	Tues. & Thurs.	5:00 pm – 9:00 pm

FastForward NCCER HVAC Level 1 LU VTI Campus		
Full Price	WCG Price	TRCC Price
\$2,850	\$950	\$475
08/24/26 – 12/07/26	Monday	5:00 pm – 9:00 pm

FastForward NCCER HVAC Level 2 LU VTI Campus		
Full Price	WCG Price	TRCC Price
\$3,450	\$1,150	\$575
01/18/27 – 05/03/27	Mon. & Wed.	5:00 pm – 9:00 pm

FastForward NCCER HVAC Level 3 LU VTI Campus		
Full Price	WCG Price	TRCC Price
\$3,450	\$1,150	\$575
08/25/26 – 12/15/26	Tues. & Thurs.	5:00 pm – 9:00 pm

FastForward NCCER HVAC Level 4 LU VTI Campus		
Full Price	WCG Price	TRCC Price
\$3,450	\$1,150	\$575
08/25/26 – 12/15/26	Tuesday	5:30 pm – 9:30 pm
01/12/27 – 05/04/27	Tuesday	5:30 pm – 9:30 pm
01/19/27 – 05/04/27	Tues. & Thurs.	5:00 pm – 9:00 pm

FastForward NCCER Plumbing Level 1 LU VTI Campus		
Full Price	WCG Price	TRCC Price
\$2,850	\$950	\$475
08/24/26 – 12/07/26	Monday	5:00 pm – 9:00 pm

FastForward NCCER Plumbing Level 2 LU VTI Campus		
Full Price	WCG Price	TRCC Price
\$3,450	\$1,150	\$575
01/18/27 – 05/03/27	Mon. & Wed.	5:00 pm – 9:00 pm

FastForward NCCER Plumbing Level 3 LU VTI Campus		
Full Price	WCG Price	TRCC Price
\$3,450	\$1,150	\$575
08/25/26 – 12/10/26	Tues. & Thurs.	5:00 pm – 9:00 pm

FastForward NCCER Plumbing Level 4 LU VTI Campus		
Full Price	WCG Price	TRCC Price
\$3,450	\$1,150	\$575
01/19/27 – 05/04/27	Tues. & Thurs.	5:00 pm – 9:00 pm

FastForward NCCER Carpentry Program

The Carpentry curriculum helps learners to build general carpentry skills before moving into advanced topical coverage of framing and finish carpentry, as well as concrete and form carpentry.

FastForward NCCER Industrial Maintenance Mechanic Program

The rigorous Industrial Maintenance Mechanic curriculum prepares learners for a career as a skilled industrial maintenance mechanic. It covers the concepts professional maintenance mechanics need to safely install, maintain, repair, and dismantle equipment in a range of applications, from assembly plants to power manufacturers.

Ready to start?

Schedule an appointment with Jeff on Navigate, by phone, or by email. Nothing beats one-on-one, in-person support — and we're here for it.

CAREER SERVICES CENTER

Meet Your Career Guide **Jeff Bennett**

CAREER SERVICES NAVIGATOR

Email: bennettj@centralvirginia.edu

Direct: 434.832.7206 | Center: 434.832.7665

Bedford Hall – Library

Monday Friday, 8:00 am 5:00 pm

The Career Services Center offers specialized, individualized support for every CVCC student across all programs at no cost to you. When it's time to launch your career, we'll help you take that next step with confidence.

We Help You:

- Polish your resumé and build a portfolio
- Navigate online job searches effectively
- Master the job interview
- Sharpen soft skills employers value
- Build self-confidence and self-motivation
- Know what employers are looking for and deliver it

Discover the Power of Work-Based Learning

Work-based learning connects education with practical workplace experience.

Options Include:

- Registered apprenticeships
- Internships
- Job shadowing

For Students:

- Build professional skills through CareerLink
- Gain skills and credentials
- Earn while you learn

For Employers:

- Create custom talent pipelines aligned with business needs
- Select interns from emerging talent with professional and technical skills
- Reduce hiring costs and timeline

Learn more about Work-Based Learning:
centralvirginia.edu/work-based-learning





SCAN THE QR CODE
TO LEARN MORE!

CAREER
SERVICES

GET CONNECTED. GET CAREERLINK.

CareerLink at CVCC bridges the gap between the classroom and the workplace. CareerLink provides an opportunity to gain professional skills and participate in work-based learning with employers in the Lynchburg region. With CareerLink, you will build your resumé, explore careers, and gain real-world experience!

So, what are you waiting for?
Find out how you can get started today!



Learn more about CareerLink:
centralvirginia.edu/careerlink

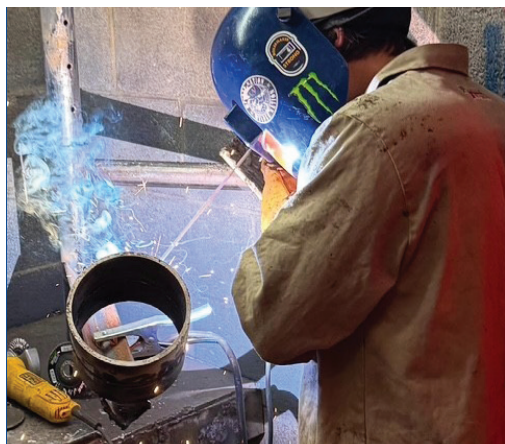
Why CareerLink?

- Build career-ready skills that set you apart
- Connect directly with local employers
- Gain hands-on experience in your field
- Open the door to full-time employment

CareerLink Will Help You:

- Create your resumé and digital portfolio
- Find a work-based learning opportunity that fits your schedule and goals
- Prepare for internships, gain experience, and launch your career!

The total cost of the Accelerated Advanced Manufacturing Pathway and Learning (AAMPLify) project is \$1,514,520. \$1,514,520 (100%) is funded through a U.S. Department of Labor — Employment and Training Administration grant.



For-Credit Career & Technical Education (CTE) Programs

Meet the Coordinator: **Jorena Simpkins**

CTE INITIATIVES COORDINATOR

Email: simpkinsj@centralvirginia.edu

Direct: 434.832.7701

Get career-ready faster with for-credit Career and Technical Education (CTE) programs. Whether you're planning to enter the workforce quickly or build a pathway toward advanced credentials, CVCC offers hands-on training in high-demand fields.

Students learn from experienced instructors using industry-standard equipment, gaining real-world skills that employers value. Programs offer opportunities to earn industry certifications, college credentials, Career Studies Certificates (CSC), transfer credits, and even a Technical Studies Associate's Degree, giving you the flexibility to continue your education or start your career right away.

With morning, afternoon, and evening class options, CVCC makes it easier to balance school with work, family, and other commitments. Combined with affordable tuition and strong connections to local employers, CVCC's CTE programs are designed to meet regional workforce needs and help you succeed, whether you're just starting out or advancing your career.

PROGRAMS INCLUDE:

Administrative Management	EMT/Paramedic	Medical Laboratory Technology
Business Administration	Health Sciences	Networking & Electronic Technology
Business Management	Heating, Ventilation & Air Conditioning (HVAC)	Nuclear Technology
Hospitality Management	Information Systems Technology	Pre-Allied Health
Criminal Justice	Industrial Maintenance	Public Safety Telecommunications (Dispatch)
Culinary	Machine Tool	Radiologic Technology
Cybersecurity	Machine Tool & Quality	Respiratory Therapy
Early Childhood Development	Mechatronics	Surgical Technology
Electrical Technology	Medical Coding	Welding



Professional
Development &
Business Solutions

**Upskill.
Certify.
Explore.
All Online.
All at Your
Pace.**

SELF-GUIDED TUTORIALS Online Courses

Learn at your own pace and quickly develop skills to advance personal or professional development. More than 300 courses to choose from!

ARTS & DESIGN

- Animation
- Graphic Arts
- Photography
- Web Design

BUSINESS

- Accounting
- Administrative
- Communication
- Finance
- Marketing and Sales
- Operations
- Project Management
- Small Business

COMPUTER APPLICATIONS

- Google
- Microsoft
- QuickBooks
- Windows

COMPUTER SCIENCE

- Programming

CONSTRUCTION & TRADES

HEALTH & FITNESS

- Alternative Medicine
- Fitness
- Medical
- Veterinary
- Wellness

INFORMATION TECHNOLOGY

- Cloud Computing
- Cybersecurity
- Networking

LANGUAGE

LEGAL STUDIES

MATH & SCIENCE

TEACHER PROFESSIONAL DEVELOPMENT

- Child Development
- Classroom Technology
- Math & Science
- Reading and Writing

TEST & EXAM PREP WRITING & EDITING

Many courses have an instructor-moderated version. Be sure to look for **SELF-GUIDED TUTORIAL** in the name of the course.

To learn more, view all
classes, and enroll, visit:

ed2go.com/cvcc

Learn Anywhere, Anytime!



COURSE CATEGORIES:



Arts & Design



Business



Computer Science



Health & Fitness



Hospitality



Language

ADVANCED CAREER TRAINING Online Courses

Learn in-demand skills around your schedule. These online, Advanced Career Training courses are designed to prepare you for entry-level or advancement in career opportunities.

POPULAR COURSES INCLUDE:

- Activity Director
- Advanced Medical Interpreter
- Certification of Capability in Business Analysis (CCBA) Prep
- Certified Brand Strategist
- Certified Business Analysis Professional (CBAP) Prep
- Certified Wedding Planner
- Chartered Tax Professional
- Digital Game Artist Certificate
- Financial and Career Coach (Exam Included)
- Hotel Management
- Hotel Management with Executive Housekeeper
- NASM Certified Personal Trainer + Corrective Exercise (Vouchers Included)
- NASM Corrective Exercise Specialist (CES) (Exam Included)
- Peer Support Specialist
- Plan de Estudios del Curso de Certificación de Organización de Bodas y Eventos
- Professional Interpreter
- Professional Recovery Coach
- Social Service Assistant
- Web Design Professional

To learn more, view all classes, and enroll, visit:

careertraining.centralvirginia.edu

WORK SMARTER. LEAD STRONGER.

Professional Development for Every Industry — Open Enrollment & Custom Solutions

CVCC Workforce Solutions is your partner in professional growth, no matter your industry or career stage. Explore open enrollment courses in high-demand areas including AI literacy, Microsoft Excel, leadership, OSHA, advanced manufacturing, machine tool and quality, and trades, or connect with our team to design a customized training experience built around your organization's goals.

BUSINESS & TECHNOLOGY

Mastering AI: A Series for Every Professional

AI is reshaping how we work, and CVCC Workforce Solutions has a learning path for every professional. Our hands-on series is led by a nationally recognized educator, with no tech background required.

What You'll Gain

- Confidence with ChatGPT, Copilot, Claude, and Perplexity
- Prompt engineering and time-saving automation
- Role-specific strategies for HR, operations, leadership, and more
- Credentials that demonstrate your AI expertise

Open year-round to individuals and teams. Custom and group delivery available — contact CVCC Workforce Solutions to learn more.



INSTRUCTOR:
Corinne Hoisington

AI POWERPROS: SUPERCHARGING ADMINISTRATIVE PROFESSIONALS

Format: 6-Hour Virtual (2 Sessions)	Cost: \$300 per person	
06/02/26 & 06/04/26	Tues. & Thurs.	9:00 am – 12:00 pm

Designed specifically for administrative professionals and power users, this series teaches advanced, practical AI skills. Topics include prompt engineering, automation, data extraction, event coordination, communication drafting, and inbox and calendar management. Build a community of administrative leaders operating at an AI-augmented level.

IN THE BLINK OF AN AI: A BUSINESS PERSPECTIVE

Format: 2-Hour Virtual Workshop	Cost: Free	
06/26/26	Friday	10:00 am – 12:00 pm

Explore AI's practical power in real business settings, from marketing and communications to data insights and daily operations. Leave with prompt engineering skills you can use the very next day.

PEOPLEOPS INTELLIGENCE: AI FOR MODERN HR PRACTICES

Format: 6-Hour Virtual (2 Sessions)	Cost: \$300 per person	
07/07/26 & 07/16/26	Tues. & Thurs.	9:00 am – 12:00 pm

HR teams and regional HR professionals will discover how to modernize talent acquisition, onboarding, employee engagement, performance reviews, and compliance with workflows using AI. Learn how tools like Copilot can transform every stage of the employee life cycle, from job description writing to analytics reporting.

Microsoft Beginner Excel Training

Format: 6-Hour In-Person (2 Sessions) Cost: \$199 per person* *Includes tuition, textbook, and materials		
09/18/26 & 09/25/26	Friday	8:30 am – 11:30 am
02/19/27 & 02/26/27	Friday	9:00 am – 12:00 pm

This two-part beginner class is designed for participants to gain the skills to get started with MS Office Excel, organize, perform calculations, modify and format a worksheet, revise, update, present data, print, and manage workbooks.

Working with CVCC Workforce Solutions will help shape future success for our company. Instructor Dr. Burnette has provided a curriculum around Excel that has been clear and concise for our team to learn. Our team will now be able to use Excel to better perform their duties and provide valuable information to their teammates.

– Blue Ridge Beverage

COPILOT FOR BUSINESS MASTERY: ELEVATING WORKFLOW INTELLIGENCE

Format: 6-Hour Virtual (2 Sessions)	Cost: \$300 per person	
09/01/26 & 09/03/26	Tues. & Thurs.	1:00 pm – 4:00 pm

Go beyond basic adoption and truly transform daily work through Microsoft Copilot. This track empowers faculty, staff, and organizational leaders with real-world productivity skills across document workflows, meetings, analytics, communications, and cross-platform integration.

UNLOCKING THE AI REVOLUTION: EARN A MICROSOFT AI CERTIFICATION BADGE

Format: 6-Hour Virtual (2 Sessions)	Cost: \$300 per person	
11/03/26 & 11/10/26	Tuesday	9:00 am – 12:00 pm

Position yourself as a leader of tomorrow in just six hours. This Microsoft AI Certification course covers the essential platforms reshaping business today: ChatGPT, Perplexity, Claude, Copilot, and advanced chatbots. Upon successful completion, participants earn an official Microsoft AI Certification Badge, a recognized credential demonstrating expertise in AI tools and applications.

Our partnership with CVCC Workforce Solutions has been incredibly valuable. The AI technology and Excel training programs have given our team here at Sonny Merryman practical, real-world skills they can apply immediately. The instructors are knowledgeable and engaging, and the overall experience has made a meaningful impact on our organization.

– Sonny Merryman

Microsoft Intermediate Excel Training

Format: 6-Hour In-Person (2 Sessions) Cost: \$199.00 per person* *Includes tuition, textbook, and materials		
11/06/26 & 11/13/26	Friday	9:00 am – 12:00 pm
04/09/27 & 04/16/27	Friday	9:00 am – 12:00 pm

This two-part intermediate MS Excel class is designed for participants to gain the skills necessary to use functions, analyze worksheet data, utilize data tools, create charts and spark lines, employ data validation, create pivot tables, apply workbook security, and customize the Excel interface.



Construction, Trades & Industry Credentialing

Workforce Solutions serves contractors, tradesmen, operators, and business owners with the certifications, credentials, and business skills that drive growth, including OSHA 10 & 30, tradesman required updates, nationally recognized credentials, and contractor business development programming.

Tradesman Professional Development

Tradesman Updates: The Virginia Board of Contractors requires journeymen, expert plumbers, electricians, HVAC mechanics, and gas fitters to take continuing education classes specific to their trade as part of the licensing process. Those renewing a license must take continuing education classes in their respective profession.

Plumbers, HVAC technicians, and electricians must take three hours of continuing education classes in their field.

Gas fitters must take one hour; this one-hour training course is intended for journeyman and expert gas fitters, liquefied petroleum gas fitters, and natural gas fitters. This course covers new definitions, code changes, general requirements, impacts on the job, widespread use, and special equipment included in the respective codes.

\$45 Electrical, HVAC, and Plumbing, Each | **\$25** Gas Fitter

Online at [CVCC.AUGUSOFT.NET](https://cvcc.augusoft.net) (Ongoing Enrollment)

The Profitable Contractor: Business Fundamentals for the Building Trades

2-Day Course

Format: 16-Hour In-Person (2 Sessions)

Cost: \$500 per person

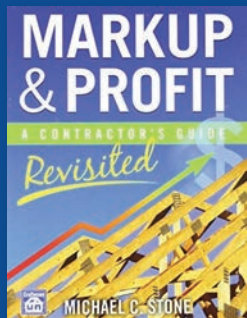
Books & materials provided.

09/24/26 & 09/25/26

Thursday & Friday

8:00 am – 5:00 pm

**So You Want to Be a
Successful Contractor?
Start with the Essentials.**



This two-day course is designed for new and established residential and commercial construction business owners, as well as general and specialty contractors. Many are highly knowledgeable in their trade, but do they know how to run their business profitably?

Using Michael Stone's *Markup & Profit*, this course explains in plain, simple terms what it takes to survive and thrive in the construction industry. Over 90% of construction businesses fail within 10 years, with poor cash flow as the primary cause, driven by not charging enough, improper use of change orders and contracts, having too many employees, improper payment schedules, and lack of profitable sales.

Michael Stone's no nonsense approach, combined with the instructor's experience as a business owner, will equip participants to deliver excellent service and make a good profit — building companies that are anti fragile and continue to raise the bar in the Greater Lynchburg Region.

Meet the Instructor: **Todd Milton**

**BUSINESS OWNER AND WORKFORCE
SOLUTIONS INSTRUCTOR**

A message from the instructor:

In 2015, I thought I was a very successful builder. We had a ton of work and were very busy. But, under the veneer of all of that, things were not going so well. Cash flow was tight. I was using credit cards and lines of credit to pay bills. My contract was a one-pager and gave me no help in dealing with very demanding customers who were refusing to pay.

At that time, a contractor friend invited me to a two-day class in Roanoke called "Making the Numbers Work in Construction" with a guy called Michael Stone. I could see no polite way out of it and reluctantly went. That was the best \$500 I ever spent! There is simply no other way to describe it: I saw the light!

Things were still a struggle for a while. (It takes some time to recover from \$100K in debt.) But I continued to read Stone's books and apply the things I was learning for our business.

Over 10 years later, I am the proud owner of a profitable company, largely thanks to Stone's material. I have a real desire to share this knowledge and experience with other contractors who are eager to learn. If you want to talk more after you read this book and take this class, it would be my pleasure.



CVCC Workforce Solutions partners with local employers to close skill gaps, boost productivity, and build teams that deliver, with training built around your business and delivered by instructors who are subject matter experts in their field.

Your challenge. Our expertise. Real results.



Let's talk about what's possible for your workforce.

Francie Dye

WORKFORCE TRAINING COORDINATOR

Email: dyef@centralvirginia.edu | Direct: 434.832.7765

Why Businesses Choose CVCC Business Solutions:

- Training tailored to your workforce
- Measurable business results
- Skills assessments
- Certification programs
- Industry experts as instructors
- Flexible delivery options
- Cost effective and timely
- AI and Technology Training

We Also Offer

- On site delivery
- Cohort & group scheduling
- Custom curriculum build
- Connect to Financial Resources



Customized Training Areas

- Elite Leadership Development
- EMS & Safety Training
- OSHA Certification
- Advanced Manufacturing
- Machine Tools & CNC
- And, **any subject** your team needs...

See pgs. 26–31 for more info.



CVCC Workforce Solutions has been an instrumental partner of the Lynchburg Regional Business Alliance for as long as I can remember. From collaboration on key talent initiatives to utilization of their top-notch faculty for some of our trainings, the team at CVCC always provides value. We can count on their collaboration when we are showcasing our regional education and workforce assets to other regions and site selectors from across the U.S., as well as relying on their team to provide insight when we are navigating new opportunities. I can't say enough about the quality that CVCC provides and how fortunate we are to have this asset in our region.

– Lynchburg Regional Business Alliance

ELITE LEADERSHIP DEVELOPMENT

Leadership is a practice, not a title. CVCC Workforce Solutions delivers customized leadership development through credentialed industry professionals, combining proven frameworks with real world application tailored to your workforce and industry.

OUR APPROACH

We match the right facilitator to the right challenge. Whether your organization is navigating growth, managing remote teams, developing first time supervisors, or building a stronger culture, our specialists bring to the table targeted expertise across the full spectrum of leadership and organizational development.

WHAT PARTICIPANTS LEARN

Strategic Leadership Foundations

Core principles of effective leadership, leading organizational change, and guiding teams through uncertainty without losing momentum or trust.

Remote & Hybrid Team Leadership

Practical strategies for maintaining accountability, preserving team culture, and communicating clearly across distributed workforces.

High-Impact Business Communication

How to lead discussions that build consensus, frame ideas persuasively, manage difficult conversations, and move decisions forward.

Leading Through Storytelling

Harnessing narrative to inspire action, communicate vision, and connect organizational purpose to individual motivation.

MEET ONE OF OUR LEADERSHIP EXPERTS

Julianne Benzel delivers intensive, customized leadership training for managers, supervisors, team leads, and emerging leaders — practical skills tailored to your organization's specific challenges, applicable from day one.

Credentials:

- M.A. — California State University Sacramento
- Teaching Certificate — Chapman University
- Executive Certificate — Wharton School of Business, University of Pennsylvania

Training Offerings:

- Leading Sustainable Change
- Leading Work From Anywhere in the World
- Leading Teams through Strategic Storytelling
- Leading Business Conversations
- Management vs. Leadership

TRAINING TOPIC AREAS

Organizational Transformation

Guide your organization through change without losing productivity, morale, or direction.

- Strategic change leadership
- Leading remote and hybrid workforces
- Organizational culture and identity

Communication Mastery

Develop the communication skills that set exceptional leaders apart.

- Strategic storytelling to align and inspire
- Executive presence and credibility
- Clear, consistent messaging across all platforms

Leadership Foundations

Build the core competencies every leader needs.

- Core leadership principles and expectations
- Adaptive leadership in changing environments
- Ambitious thinking with disciplined execution

Management Excellence

Get results through people, consistently and systematically.

- Leading vs. managing: understanding the difference
- Building high-performing teams and accountability
- Organizational skills and execution

Advanced Development

For leaders ready to go further.

- Executive coaching (one-on-one, personalized)
- Advanced internal and external communication strategy
- Virtual facilitation for distributed teams

CVCC Workforce Solutions works with a network of credentialed leadership professionals. Facilitators are matched to your organization's specific needs.



Julianne Benzel

**TRAINING & DEVELOPMENT SPECIALIST
EDUCATOR — 30+ YEARS
EXPERIENCE**

NEED PROFESSIONAL EMS TRAINING?

We Can Offer Flexible, On-Site Education for Your Team at Your Place or Ours!

Bring expert training to YOUR location — whether at your workplace, facility, or our college campus. Training is available on demand to meet your scheduling needs.

COMMUNITY & WORKPLACE SAFETY

HeartSaver CPR/AED

Equip your team to recognize cardiac emergencies, activate emergency responses, and perform lifesaving CPR with automated external defibrillators.

HeartSaver First Aid

Essential skills for managing bleeding, injuries, and common workplace emergencies with confidence.

HeartSaver Bloodborne Pathogens

OSHA-aligned training to protect employees from bloodborne pathogen exposure in any work environment.

Stop the Bleed

Nationally recognized program teaching critical bleeding control — direct pressure, wound packing, and tourniquet application.

Revive! Opioid Response

Virginia's official overdose recognition and naloxone administration training to save lives in your community.

ENTRY-LEVEL EMS TRAINING & CERTIFICATION

Emergency Medical Responder (EMR)

Entry-level training for those who arrive first — provide immediate, lifesaving interventions before EMS arrival.

Emergency Medical Technician (EMT)

Comprehensive foundational course preparing students for basic life support in emergency medical services.

Advanced Emergency Medical Technician (AEMT)

Enhanced EMT skills including IV therapy, advanced airway techniques, and expanded medication administration.

Paramedic

The highest level of prehospital care — advanced assessment, pharmacology, critical care, and complex decision-making in the field.

AMERICAN HEART ASSOCIATION PROVIDER COURSES

Basic Life Support (BLS) for Healthcare Providers

High-performance CPR, AED operation, and team-based resuscitation for medical professionals.

Advanced Cardiovascular Life Support (ACLS)

Recognition and management of cardiac arrest, stroke, acute coronary syndromes, and life-threatening arrhythmias.

Pediatric Advanced Life Support (PALS)

Systematic approach to critically ill infants and children — respiratory emergencies, shock, and pediatric arrest management.

ACLS for Experienced Providers (ACLS-EP)

Advanced course for seasoned clinicians emphasizing critical thinking, differential diagnosis, and leadership in complex resuscitations.

Pediatric Emergency Assessment, Recognition, and Stabilization (PEARS)

Early identification and stabilization of pediatric respiratory distress, shock, and cardiac emergencies.

SPECIALIZED EMERGENCY CARE (NAEMT) Prehospital Trauma Life Support (PHTLS)

Gold-standard international trauma education — rapid assessment, prioritized interventions, and evidence-based field care.

Advanced Medical Life Support (AMLS)

Medical emergency management focusing on systematic assessment, differential diagnosis, and treatment of complex patients.

Emergency Pediatric Care (EPC)

Evidence-based prehospital pediatric care, from assessment through transport of injured and ill children.



CUSTOMIZED CONTINUING EDUCATION

NCCP-Compliant CE Programs

Tailored continuing education designed specifically for your team's needs, fully aligned with National Continued Competency Program standards. Both ALS- and BLS level content available.

Available Topics Include:

- Medical Emergencies (Cardiac, Respiratory, Neurological)
- Trauma Management & Assessment
- Operations & Safety
- Special Populations
- Pharmacology Updates
- Current Evidence-Based Practices

SAFETY THAT PAYS: OSHA Training

Meet OSHA Instructor **Aaron Payne**

PROGRAM DEPARTMENT HEAD,
ELECTRICAL TECHNOLOGY AT CVCC

OSHA certified instructor with seven years at CVCC and 17 years of prior public service experience. Active in training delivery, with deep regional industry knowledge.

Invest in OSHA certification through CVCC and turn workplace safety into a competitive advantage. Flexible scheduling, affordable rates, and instructors who know your industry.

OSHA 10 Industrial Safety Certification

Build essential workplace safety awareness and meet compliance requirements

This 10-hour course gives employees the foundational skills to recognize hazards, follow safety protocols, and understand OSHA standards. Topics include hazardous materials, PPE, lockout/tagout, fire safety, machine guarding, and electrical hazards. Participants complete the 10-hour requirement for OSHA certification eligibility and leave with practical skills in hazard communication and emergency response.



OSHA 30 Industrial Safety Certification

Strengthen your workplace safety culture and meet compliance requirements

This 30-hour course provides deeper coverage of OSHA standards for employees with safety responsibilities. Topics include hazardous materials, PPE, lockout/tagout, confined spaces, respiratory protection, machine guarding, and electrical hazards. Participants complete the 30-hour certification requirement and gain advanced skills in documentation, hazard communication, and emergency response.

We're Industry Experts Who Teach What Works. **CUSTOMIZED TRAINING & BUSINESS SOLUTIONS.**

Questions? Contact **Francie Dye** | dyef@centralvirginia.edu | 434.832.7765

Power Up Your Workforce with Advanced Manufacturing Training

Meet Advanced Manufacturing Instructor **Danny Murphy**

ASSISTANT PROFESSOR OF MECHATRONICS AT CVCC AND
INAUGURAL A3 EDUCATOR OF THE YEAR

More than 25 years of industrial automation experience spanning pharmaceutical, automotive, defense, and aerospace industries. Notable projects include automation for Harley Davidson manufacturing, night vision equipment for U.S. Special Forces suppliers, and cryostat positioning systems at ALMA Observatory. Co PI on an NSF ATE grant and appointed member of the VCCS AI Taskforce.

Basic Electricity for Industry

Empower your maintenance and operations teams with essential electrical knowledge

Participants move from basic electrical concepts to building functioning circuits and reading schematics. Covers testing equipment, core industrial components, and relay circuit construction. Reduces downtime and builds a more versatile workforce.

We're Industry Experts Who Teach What Works
CUSTOMIZED TRAINING & BUSINESS SOLUTIONS

Questions? Contact **Francie Dye**
dyef@centralvirginia.edu | 434.832.7765

Basic Sensors, Actuators & VFD Parameterization

Transform your technical team into automation specialists

Covers proximity switches, photo eyes, pneumatic controls, encoders, and variable frequency drives, including physical wiring and programming using real motor nameplate data. Builds in-house capability and reduces maintenance calls.

PLC Fundamentals for Technicians (AB/Rockwell Studio5000)

Equip your maintenance team with critical PLC skills for today's automated environment

Participants progress from controller architecture basics to live program modifications using Allen-Bradley Studio5000. Topics include I/O management, ladder logic, network communications, and diagnostic forces. Course culminates in writing a complete control sequence from specification.

Robot Fundamentals for Technicians (Fanuc)

Transform your maintenance team into confident robot specialists

Covers Fanuc safety protocols, DCS systems, teach pendant operation, coordinate systems, and program creation. Participants leave with hands-on skills to independently operate, troubleshoot, and program robotic systems.



Looking for Premier Machining & Measurement Skills Training?

Shop Safety & Machine Tool Fundamentals

Build a working foundation in shop safety and production equipment

Covers PPE, safe conduct around rotating machinery, and an introduction to engine lathes, milling machines, bandsaws, CNC mills, and CNC lathes.

Cutting Theory & Machining Processes

Understand how machining decisions affect part quality and efficiency

Covers tool geometry, speeds and feeds, chip formation, and material machinability through live milling and lathe demonstrations.

Meet Your Instructor G. Taylor Grubbs

ASSISTANT PROFESSOR OF MACHINE TOOL TECHNOLOGY AT CVCC

More than a decade of hands on industry experience, including lead CNC machinist at Shibuya Hoppman, where he directed a team of eight. Teaches manual operations, blueprint reading, CNC programming, and CAD/CAM integration. Holds NIMS/NOCTI credentials, FeatureCAM certification, and a GD&T Hierarchy Coach certification from Tec Ease, Inc.

Equip your engineering and technical staff with hands on machining and measurement knowledge to make better design decisions, communicate more effectively with machinists, and reduce costly production errors. Training is customized to your industry, equipment, and operational goals.



Design for Manufacturability

Learn to design parts that are practical and cost-effective to machine

Uses real-world case studies to examine common design errors — tight tolerances, sharp internal corners, and deep pockets — and how small changes reduce time and cost.

Blueprint Reading & GD&T

Strengthen your ability to read and communicate machining prints

Covers orthographic views, dimensioning standards, finish symbols, and core GD&T concepts including position, flatness, perpendicularity, and profile of a surface.

Precision Measurement & Inspection

Develop hands-on measurement skills used daily on the production floor

Instruction in calipers, micrometers, surface plate methods, and indicator techniques. Course concludes with a final inspection exercise measuring a machined component and evaluating tolerance compliance.

We're Industry Experts Who Teach What Works
CUSTOMIZED TRAINING & BUSINESS SOLUTIONS

Questions? Contact **Francie Dye**
dyef@centralvirginia.edu | 434.832.7765

When You Partner with CVCC Workforce Solutions, Everyone WINS.

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- Individuals Rise
- Businesses Gain Workforce Strength
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